



Belly Dancing & Childbirth: Resources

- Videos
 - Belly Dancing during Pregnancy www.visionarydance.com
 - Belly Dance Pre-Natal Fitness and Dance Instruction Program www.worlddancenewyork.com
- Websites
 - New York dancer Morocco www.casbahdance.org
- Fitness Studios
 - Hot Mama Fitness Studio, Bethesda, MD www.hotmamafitnessstudio.com

www.triplegoddesstribal.com